



HYDRA
S P O R T S

HONESTY | RESPECT | RESPONSIBILITY | KINDNESS

HYDRA BASKETBALL 2025-2026 SEASON

TERM 3 TRAINING SCHEDULE

8TH FEBRUARY 2026 - 25TH APRIL 2026



**HYDRA
SPORTS**

HYDRA SPORTS

TERM 3 | CALENDAR

FEBRUARY 2026							MARCH 2026							APRIL 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25
							29	30	31					26	27	28	29	30		

TERM 3 | DATES OF IMPORTANCE

SATURDAY 7TH FEBRUARY 2026	TERM 2 CONCLUDES
SUNDAY 8TH FEBRUARY 2026	TERM 3 COMMENCES
TUESDAY 10TH FEBRUARY 2026	QATAR NATIONAL SPORTS DAY SESSIONS ON AS NORMAL
THURSDAY 12TH FEBRUARY 2026 - FRIDAY 13TH FEBRUARY 2026	ASD FRIENDSHIP FESTIVAL NO HYDRA SPORTS PROGRAMMING
TUESDAY 17TH FEBRUARY 2026 - WEDNESDAY 18TH MARCH 2026	RAMADAN (TBC) RAMADAN SESSIONS WILL BE OFFERED
SATURDAY 21ST MARCH 2026	FINAL DAY OF TERM 3 BEFORE SPRING BREAK
SUNDAY 22ND MARCH 2026 - SATURDAY 28TH MARCH 2026	HYDRA SPORTS SPRING BREAK - NO CORE PROGRAMMING
SUNDAY 29TH MARCH 2026	TERM 3 RESUMES AFTER SPRING BREAK
TUESDAY 7TH APRIL 2026	ASD NON-PACT DAY SESSIONS MAY START LATER
SATURDAY 25TH APRIL 2026	TERM 3 CONCLUDES
SUNDAY 26TH APRIL 2026	TERM 4 COMMENCES



AGE GUIDE

AGE GROUP	AGE BORN
UNDER 6-8	2020 - 2018
UNDER 9-11	2017 - 2015
UNDER 12-16	2014 - 2010

Your child's age group is based on their birth year.

Please note that your child will remain in the same age group for the entire 2025/2026 season.

However, players may be moved to a different team at any point during the season to better match their skill level and development, at the discretion of the coaching staff.

HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



BOYS ONLY | TEAM TRAINING

TEAM	MONDAY	TUESDAY	WEDNESDAY	FRIDAY	SATURDAY
UNDER 6-8 2020-2018 BORN		4.00 - 5.30PM ASD ELEMENTARY GYM		8.00 - 9.30AM ASD ELEMENTARY GYM	
UNDER 9-11 2017-2015 BORN	6.00 - 7.30PM ASD ELEMENTARY SPORTS HALL		6.00 - 7.30PM ASD ELEMENTARY SPORTS HALL	9.30 - 11.00AM ASD ELEMENTARY SPORTS HALL	
UNDER 12-16 BLUE 2014-2010 BORN	6.00 - 7.30PM ASD AUX GYM		6.00 - 7.30PM ASD AUX GYM		2.00 - 3.30PM ASD ELEMENTARY SPORTS HALL
UNDER 12-16 GOLD 2014-2010 BORN	6.00 - 7.30PM ASD HIGH SCHOOL GYM		6.00 - 7.30PM ASD HIGH SCHOOL GYM		2.00 - 3.30PM ASD HIGH SCHOOL GYM

PLEASE NOTE; TEAM TRAINING WILL TAKE PLACE IN THE DESIGNATED LOCATION UNLESS COMMUNICATED OTHERWISE.

HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



BOYS ONLY | CIRCUIT TRAINING

TEAM	SUNDAY (ASD STUDENTS)	THURSDAY (ASD STUDENTS)	FRIDAY (NON-ASD STUDENTS)	SATURDAY (NON-ASD STUDENTS)
UNDER 12-16 2014-2010 BORN	*6.30 - 7.30AM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	*6.30 - 7.30AM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	*11.00AM - 12.00PM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	*1.00PM - 2.00PM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL

***PLEASE NOTE; CIRCUIT TRAINING SESSIONS WILL BE HELD EITHER IN THE MORNING OR ON THE WEEKEND,
DEPENDING ON WHETHER YOUR CHILD IS AN ASD STUDENT OR NOT.**

HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



GIRLS ONLY | TEAM TRAINING

TEAM	SUNDAY	TUESDAY	THURSDAY	FRIDAY	SATURDAY
UNDER 6-8 2020-2018 BORN		4.00 - 5.30PM ASD ELEMENTARY GYM		8.00 - 9.30AM ASD ELEMENTARY GYM	
UNDER 9-11 2017-2015 BORN		4.00 - 5.30PM ASD ELEMENTARY SPORTS HALL		8.00 - 9.30AM ASD ELEMENTARY SPORTS HALL	3.30 - 5.00PM ASD ELEMENTARY SPORTS HALL
UNDER 12-16 BLUE 2014-2010 BORN	6.00 - 7.30PM ASD HIGH SCHOOL GYM	5.30 - 7.00PM ASD ELEMENTARY SPORTS HALL	6.00 - 7.30PM ASD HIGH SCHOOL GYM		
UNDER 12-16 GOLD 2014-2010 BORN	6.00 - 7.30PM ASD HIGH SCHOOL GYM	5.30 - 7.00PM ASD ELEMENTARY SPORTS HALL	6.00 - 7.30PM ASD HIGH SCHOOL GYM		

*PLEASE NOTE; TEAM TRAINING WILL TAKE PLACE IN THE DESIGNATED LOCATION UNLESS COMMUNICATED OTHERWISE.

HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



GIRLS ONLY | CIRCUIT TRAINING

TEAM	MONDAY (ASD STUDENTS)	WEDNESDAY (ASD STUDENTS)	FRIDAY (NON-ASD STUDENTS)	SATURDAY (NON-ASD STUDENTS)
UNDER 12-16 2014-2010 BORN	*6.30 - 7.30AM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	*6.30 - 7.30AM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	*11.00AM - 12.00PM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	*1.00PM - 2.00PM CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL

***PLEASE NOTE; CIRCUIT TRAINING SESSIONS WILL BE HELD EITHER IN THE MORNING OR ON THE WEEKEND,
DEPENDING ON WHETHER YOUR CHILD IS AN ASD STUDENT OR NOT.**

HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



MIXED | SMALL GROUP TRAINING

TEAM	TUESDAY
UNDER 12-16 GIRLS ONLY 2014-2010 BORN	4.00 - 5.00PM SMALL GROUP TRAINING @ ASD HIGH SCHOOL GYM
UNDER 12-16 BOYS ONLY 2014-2010 BORN	5.00 - 6.00PM SMALL GROUP TRAINING @ ASD HIGH SCHOOL GYM
UNDER 12-16 MIXED 2014-2010 BORN	6.00 - 7.00PM SMALL GROUP TRAINING @ ASD HIGH SCHOOL GYM

*PLEASE NOTE; SMALL GROUP TRAINING IS AN ADDITIONAL PROGRAMME THAT WILL TAKE PLACE WITH COACH DODD, TO DEVELOP KEY TECHNICAL DEVELOPMENT OF THE GAME.

HYDRA BASKETBALL

RAMADAN SCHEDULE | 17TH FEBRUARY 2026 - 17TH MARCH 2026 (TBC)



RAMADAN | MIXED

TEAM	MONDAY	WEDNESDAY
UNDER 6-11 MIXED 2020-2015 BORN	4.15 - 5.15PM ASD ELEMENTARY SPORTS HALL	4.15 - 5.15PM ASD ELEMENTARY SPORTS HALL
UNDER 12-16 MIXED 2014-2010 BORN	4.15 - 5.15PM ASD ELEMENTARY SPORTS HALL	4.15 - 5.15PM ASD ELEMENTARY SPORTS HALL