



**HYDRA**  
**S P O R T S**

HONESTY | RESPECT | RESPONSIBILITY | KINDNESS

# **HYDRA BASKETBALL 2025-2026 SEASON**

**TERM 3 TRAINING SCHEDULE**

**8TH FEBRUARY 2026 - 25TH APRIL 2026**



**HYDRA  
SPORTS**

# HYDRA SPORTS

## TERM 3 | CALENDAR

FEBRUARY 2026							MARCH 2026							APRIL 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25
							29	30	31					26	27	28	29	30		

### TERM 3 | DATES OF IMPORTANCE

SATURDAY 7TH FEBRUARY 2026	TERM 2 CONCLUDES
SUNDAY 8TH FEBRUARY 2026	TERM 3 COMMENCES
TUESDAY 10TH FEBRUARY 2026	QATAR NATIONAL SPORTS DAY   SESSIONS ON AS NORMAL
THURSDAY 12TH FEBRUARY 2026 - FRIDAY 13TH FEBRUARY 2026	ASD FRIENDSHIP FESTIVAL   NO HYDRA SPORTS PROGRAMMING
TUESDAY 17TH FEBRUARY 2026 - WEDNESDAY 18TH MARCH 2026	RAMADAN (TBC)   RAMADAN SESSIONS WILL BE OFFERED
SATURDAY 21ST MARCH 2026	FINAL DAY OF TERM 3 BEFORE SPRING BREAK
SUNDAY 22ND MARCH 2026 - SATURDAY 28TH MARCH 2026	HYDRA SPORTS   SPRING BREAK - NO CORE PROGRAMMING
SUNDAY 29TH MARCH 2026	TERM 3 RESUMES AFTER SPRING BREAK
TUESDAY 7TH APRIL 2026	ASD NON-PACT DAY   SESSIONS MAY START LATER
SATURDAY 25TH APRIL 2026	TERM 3 CONCLUDES
SUNDAY 26TH APRIL 2026	TERM 4 COMMENCES



**HYDRA  
SPORTS**

# AGE GUIDE

AGE GROUP	AGE BORN
UNDER 6-8	2020 - 2018
UNDER 9-11	2017 - 2015
UNDER 12-16	2014 - 2010

**Your child's age group is based on their birth year.**

Please note that your child will remain in the same age group for the entire 2025/2026 season.

However, players may be moved to a different team at any point during the season to better match their skill level and development, at the discretion of the coaching staff.

# HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



## BOYS ONLY | TEAM TRAINING

TEAM	MONDAY	TUESDAY	WEDNESDAY	FRIDAY	SATURDAY
<b>UNDER 6-8</b> 2020-2018 BORN		<b>4.00 - 5.30PM</b> ASD ELEMENTARY GYM		<b>8.00 - 9.30AM</b> ASD ELEMENTARY GYM	
<b>UNDER 9-11</b> 2017-2015 BORN	<b>6.00 - 7.30PM</b> ASD ELEMENTARY SPORTS HALL		<b>6.00 - 7.30PM</b> ASD ELEMENTARY SPORTS HALL	<b>9.30 - 11.00AM</b> ASD ELEMENTARY SPORTS HALL	
<b>UNDER 12-16 BLUE</b> 2014-2010 BORN	<b>6.00 - 7.30PM</b> ASD AUX GYM		<b>6.00 - 7.30PM</b> ASD AUX GYM		<b>2.00 - 3.30PM</b> ASD ELEMENTARY SPORTS HALL
<b>UNDER 12-16 GOLD</b> 2014-2010 BORN	<b>6.00 - 7.30PM</b> ASD HIGH SCHOOL GYM		<b>6.00 - 7.30PM</b> ASD HIGH SCHOOL GYM		<b>2.00 - 3.30PM</b> ASD HIGH SCHOOL GYM

PLEASE NOTE; TEAM TRAINING WILL TAKE PLACE IN THE DESIGNATED LOCATION UNLESS COMMUNICATED OTHERWISE.

# HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



## BOYS ONLY | CIRCUIT TRAINING

TEAM	SUNDAY (ASD STUDENTS)	THURSDAY (ASD STUDENTS)	FRIDAY (NON-ASD STUDENTS)	SATURDAY (NON-ASD STUDENTS)
<b>UNDER 12-16</b> 2014-2010 BORN	<b>*6.30 - 7.30AM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	<b>*6.30 - 7.30AM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	<b>*11.00AM - 12.00PM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	<b>*1.00PM - 2.00PM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL

\*PLEASE NOTE; CIRCUIT TRAINING SESSIONS WILL BE HELD EITHER IN THE MORNING OR ON THE WEEKEND,  
DEPENDING ON WHETHER YOUR CHILD IS AN ASD STUDENT OR NOT.

# HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



## GIRLS ONLY | TEAM TRAINING

TEAM	SUNDAY	TUESDAY	THURSDAY	FRIDAY	SATURDAY
<b>UNDER 6-8</b> 2020-2018 BORN		<b>4.00 - 5.30PM</b> ASD ELEMENTARY GYM		<b>8.00 - 9.30AM</b> ASD ELEMENTARY GYM	
<b>UNDER 9-11</b> 2017-2015 BORN		<b>4.00 - 5.30PM</b> ASD ELEMENTARY SPORTS HALL		<b>8.00 - 9.30AM</b> ASD ELEMENTARY SPORTS HALL	<b>3.30 - 5.00PM</b> ASD ELEMENTARY SPORTS HALL
<b>UNDER 12-16 BLUE</b> 2014-2010 BORN	<b>6.00 - 7.30PM</b> ASD HIGH SCHOOL GYM	<b>5.30 - 7.00PM</b> ASD ELEMENTARY SPORTS HALL	<b>6.00 - 7.30PM</b> ASD HIGH SCHOOL GYM		
<b>UNDER 12-16 GOLD</b> 2014-2010 BORN	<b>6.00 - 7.30PM</b> ASD HIGH SCHOOL GYM	<b>5.30 - 7.00PM</b> ASD ELEMENTARY SPORTS HALL	<b>6.00 - 7.30PM</b> ASD HIGH SCHOOL GYM		

\*PLEASE NOTE; TEAM TRAINING WILL TAKE PLACE IN THE DESIGNATED LOCATION UNLESS COMMUNICATED OTHERWISE.

# HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



## GIRLS ONLY | CIRCUIT TRAINING

TEAM	MONDAY (ASD STUDENTS)	WEDNESDAY (ASD STUDENTS)	FRIDAY (NON-ASD STUDENTS)	SATURDAY (NON-ASD STUDENTS)
<b>UNDER 12-16</b> 2014-2010 BORN	<b>*6.30 - 7.30AM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	<b>*6.30 - 7.30AM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	<b>*11.00AM - 12.00PM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL	<b>*1.00PM - 2.00PM</b> CIRCUIT TRAINING @ ASD ELEMENTARY SPORTS HALL

\*PLEASE NOTE; CIRCUIT TRAINING SESSIONS WILL BE HELD EITHER IN THE MORNING OR ON THE WEEKEND,  
DEPENDING ON WHETHER YOUR CHILD IS AN ASD STUDENT OR NOT.

# HYDRA BASKETBALL

TERM 3 TRAINING SCHEDULE | 8TH FEBRUARY 2026 - 25TH APRIL 2026



## MIXED | SMALL GROUP TRAINING

TEAM	TUESDAY
<b>UNDER 12-16   GIRLS ONLY</b> 2014-2010 BORN	<b>4.00 - 5.00PM</b> SMALL GROUP TRAINING @ ASD HIGH SCHOOL GYM
<b>UNDER 12-16   BOYS ONLY</b> 2014-2010 BORN	<b>5.00 - 6.00PM</b> SMALL GROUP TRAINING @ ASD HIGH SCHOOL GYM
<b>UNDER 12-16   MIXED</b> 2014-2010 BORN	<b>6.00 - 7.00PM</b> SMALL GROUP TRAINING @ ASD HIGH SCHOOL GYM

\*PLEASE NOTE; SMALL GROUP TRAINING IS AN ADDITIONAL PROGRAMME THAT WILL TAKE PLACE WITH COACH DODD, TO DEVELOP KEY TECHNICAL DEVELOPMENT OF THE GAME.

# HYDRA BASKETBALL

RAMADAN SCHEDULE | 17TH FEBRUARY 2026 - 17TH MARCH 2026 (TBC)



## RAMADAN | MIXED

TEAM	MONDAY	WEDNESDAY
<b>UNDER 6-11   MIXED</b> 2020-2015 BORN	<b>4.15 - 5.15PM</b> ASD ELEMENTARY SPORTS HALL	<b>4.15 - 5.15PM</b> ASD ELEMENTARY SPORTS HALL
<b>UNDER 12-16   MIXED</b> 2014-2010 BORN	<b>4.15 - 5.15PM</b> ASD ELEMENTARY SPORTS HALL	<b>4.15 - 5.15PM</b> ASD ELEMENTARY SPORTS HALL